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Microbiological monitoring of surfaces and food handlers

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INTRODUCTION:

Every year, foodborne diseases affects about 48 million people in the United States alone, usually associated with microbiological infection or intoxication. The increase in demand for catering services has contributed to cases increase (Kleter & Marvin, 2009; Lund, A.C. Baird-Parker, 2000; Newell et al., 2010). These data show the importance of quality assurance from food production to the consumption. Therefore, it is necessary to take into account special care towards the environment (air), facilities, equipment, surfaces, utensils and handlers throughout the processing by cleaning processes and disinfection (Kleter & Marvin, 2009).

OBJECTIVES:

To evaluate microbiological growth on surfaces, utensil and handler of a coffee establishment.

MATERIALS AND METHODS:

An experimental study was conducted with microbiological sample collection from surfaces, utensils and food handlers from a coffee establishment, in April of 2014, before and after disinfection. Samples were collected under aseptic conditions. Contact plates were used to surface evaluation. These plates were kept against surfaces for about 10 seconds. Handlers and utensils were tested using a swab soaked in Maximum recovery diluent-Histidine Lecithin and Polysorbate (MRD-HLPS) rubbing against parts were food might get retained. The parameters evaluated were total counts of viable microorganisms at 30°C/72h, coliforms at 37°C/24h, *Escherichia coli* at 44°C/24h and coagulase positive *Staphylococcus* at 37°C/48h. Disinfection time was extended for 2 minutes when results were unsatisfactory, and sample collection and analysis were repeated.

RESULTS AND DISCUSSION:

According to the results there was absence of *Escherichia coli* and coagulase positive *Staphylococcus*. Handler and utensils revealed presence of coliforms. Utensils also revealed a high number of total counts of viable microorganisms. Fungi and bacteria were observed on surfaces. To eliminate these microorganisms the exposure time to the disinfectant was increased up to 2 minutes, which proved to be effective at reducing the number of microorganisms. After this procedure the counts results were within the established values.

Table 1

		After 10 seconds disinfection			After 2 minutes disinfection
		Coliforms at 37°C/24h	<i>Escherichia coli</i> at 44°C/24h	Coagulase positive <i>Staphylococcus</i> at 37°C/48h	Microorganisms viable at 30°C/72h
Handlers		Satisfactory	Satisfactory	Satisfactory	
	Utensils	Unsatisfactory	Satisfactory		Satisfactory
Surfaces	Counter				Unsatisfactory
	Table				Satisfactory
	Fridge				Satisfactory
	Fridge door				Satisfactory
	Cutting board				Satisfactory

CONCLUSION:

After adjustment in the disinfection time, our results show that the coffee establishment is in compliance with food safety requirements.

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