

## ***P96: Effects of transthyretin stabilization by wine polyphenols in the modulation of Alzheimer's disease***

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**Introduction:** Alzheimer's disease (AD) is the most common type of dementia, accounting for 60% to 80% of all cases worldwide. Senile plaques, one of AD hallmarks, are mainly constituted of A peptide. Transthyretin (TTR) has been described to exert a neuroprotective effect in AD by interacting with A. This activity is dependent on its stability, thus compounds that stabilize TTR tetrameric fold increase TTR/A binding. Most of the compounds identified as TTR stabilizers belong to the group of non-steroid anti-inflammatory drugs and compete with thyroxine (T<sub>4</sub>), the natural TTR stabilizer.

**Objectives:** Investigate the neuroprotective potential of wine polyphenols (Resveratrol, Catechin, Malvidin and Polyphenolic Extract) by exploring their ability to improve TTR/A interaction.

**Materials and Methods:** In this work we evaluated *in vitro* the ability of wine polyphenols to compete with T<sub>4</sub>, their capacity to improve TTR stability and ability to improve TTR/A interaction. We also optimized a cellular model with A plaque formation, which was used to evaluate the effect of TTR. Finally, we evaluated the *in vivo* effects of Resveratrol using an AD/TTR transgenic mouse model.

**Results and Discussion:** Regarding the *in vitro* results, Resveratrol competed with T<sub>4</sub> and stabilized TTR, and TTR/A binding was improved by Resveratrol and the Polyphenolic Extract. In the amyloid plaque cellular model, TTR not only inhibited plaque formation as also disrupted pre-formed plaques, decreasing their number and size. Concerning the *in vivo* results the administration of Resveratrol resulted in a diminishment of A plaque burden and A<sub>42</sub> brain levels.

**Conclusion:** The neuroprotective effects of Resveratrol can be related to increasing TTR tetrameric stability. The combined administration of wine polyphenols might produce synergistic enhanced neuroprotection.

### **References**

1. Ribeiro, C., Saraiva, M. J., & Cardoso, I. (2012). Stability of the Transthyretin Molecule as a Key Factor in the Interaction with A-Beta Peptide. *PLoS One*, 7(9). doi:10.1371/journal.pone.0045368